



Surf Life Saving Australia - Circular

Title:	Skills Maintenance (Proficiency Check) Requirements for 2018/19 Season
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From:	Coastal Safety and Learning & Development
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Summary:	All active lifesavers are required to complete a skills maintenance (proficiency check) to demonstrate competency in the lifesaving award/s they hold and in which they wish to remain current. This circular outlines the skills maintenance requirements for the 2018/19 season.

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Skills Maintenance 2018/19

Introduction

The requirements in this circular detail the minimum national requirements as ratified by the Lifesaving Committees. Additional requirements may be included by your relevant SLS state/territory centre, for example Surf Life Saving Queensland.

Skills maintenance checks are necessary to:

- ensure ongoing competency of members in their area of training and activities
- maintain the standards of knowledge and expertise of surf life savers
- satisfy legal and statutory requirements
- reinforce and maintain our service commitment to the bathing and beach going community.

All training resources are available in the SLS Members Area Library for members to view and refresh their knowledge.

Proficiency

A member's proficiency is valid until the 31 December each year (any reference to this date should read 31 July in Northern Australia approved clubs) unless stated otherwise in SurfGuard or via Circular (e.g., Provide First Aid has a three-year proficiency requirement).

Any member who is not proficient by the 31 December, or has not completed appropriate awards shall not be allowed to:

- perform patrols
- operate rescue craft or
- compete in surf life saving competitions.

Until such time as they have met the proficiency requirements as determined for that season.

Skills maintenance checks may be conducted after 31 December under the requirements/approval of the local State/Branch. Any member completing their proficiency after 31 December each season shall be eligible to patrol but shall not be permitted to participate in any SLSA Championship competition until 1 July later in that year. (see SLSA Policy 5.04 for further details on competitor proficiency/patrol requirements).

When a skills maintenance check is successfully completed (or a member gains a relevant award after 30 June, in a particular year) the proficiency or qualification is current until 31 December in the following season.

Online Theory Components

The online skills maintenance supports independent learning and can potentially reduce the amount of face-to-face time as well as administration requirements.

Skills maintenance theory components are conducted online in the SLSA eLearning platform for the following three areas:

- Resuscitation
- Radio operations
- Powercraft (IRB)

Each online theory component contains annual reminders, pre-season updates relevant to the specific area of skills maintenance, and ten theory questions that align with both the pre-season updates and course outcomes.

Members wishing to remain proficient in their Bronze Medallion must complete the resuscitation and radio operations online theory components. Members wishing to remain proficient with the IRB Crew Certificate and Silver Medallion IRB Driver must complete all three skills maintenance online components which are accessible via the 'Courses' menu in the [SLSA Members Area](#). These awards will require both a theory and practical component to be completed.

Members can present a certificate of completion in an electronic or hard-copy version as evidence that they have completed the online theory components. Club chief training officers with admin access can also run participant reports in the SLSA eLearning platform to identify members who have completed online theory components. Clubs are advised to refer to their SurfGuard club officer settings to note who their current chief training officer is as well as submit a request to the



[SLSA IT Helpdesk](#) for any additional assessors and authorised delegates who require admin access to run skills maintenance participant reports.

Members may choose to complete the theory component questions offline using the SLS Skills Maintenance Workbooks for resuscitation, radio, and/or powercraft (IRB). The workbooks are available in the [SLSA Members Area](#) Library and the answer keys may be obtained from your SLS state/territory centre.

Other online courses

SLSA recommends that all current patrol captains and vice captains undertake the *Silver Medallion Aquatic Rescue* online course as part of their skills maintenance. This online course forms the theory component of the search and rescue (SAR) module of both the Silver Medallion Beach Management and Silver Medallion Aquatic Rescue (SMAR) courses.

The following online courses are also available for members wanting to refresh their lifesaving knowledge prior to attending their practical skills maintenance session. This is not a requirement of skills maintenance and the completion of any online training will not result in the member obtaining the full SLSA award. Members accessing these online training resources will still have to complete all skills maintenance requirements outlined in this circular.

- Surf Rescue Certificate—11 modules
- Radio Operations—refer to Bronze Medallion Module 8
- Bronze Medallion—11 modules
- IRB Crew
- Silver Medallion Aquatic Rescue
- Silver Medallion Beach Management
- Advanced Resuscitation Techniques Certificate—4 parts
- Spinal Management
- Silver Medallion Advanced First Aid—3 parts*
- Pain Management
- Age Managers—3 parts
- Safeguarding Children and Young People awareness course
- Safer Surf Clubs—4 parts

Refer to the SLSA eLearning User Guide available on the [SLSA IT Helpdesk website](#) for more information about the online SLSA courses available, as well as the frequently asked questions by both members and trainers/assessors/facilitators.

*Members require a completion certificate for the online Spinal Management (Spinal) and Advanced Resuscitation Techniques Certificate (ARTC) courses before they can enrol in the online Silver Medallion Advanced First Aid (SMAFA) course. This can be achieved by completing the online Spinal and ARTC courses or submitting a request for prior online learning.

There is also the [Every Day Lifesaver App](#) available which uses gamification to make learning DRSABCD more engaging and is a great online tool for members to refresh their knowledge of how to perform a primary assessment.

Training Videos

The following SLS training videos are available in the [SLS Members Area](#) Library for members to view as part of their skills maintenance. Some of these are also included in the online skills maintenance courses.

- Resuscitation - 1 Person (4:36)
- Resuscitation - 2 Person (4:00)
- Resuscitation - 4 Person including Oxy Viva and Defibrillator (2:14)
- Board Rescue - Conscious Patient (2:47)
- Board Rescue - Unconscious Patient (1:49)
- Tube Rescue - Conscious Patient (3:09)
- Tube Rescue - Unconscious Patient (1:20)
- Spinal Board Carry - Patient in Water (2:39)
- Spinal Training Scenario 1 – Victim lying on the ground (2:23)
- Stingers (fourteen chapters)
- Spinal Training Scenario 2 - Walk Up (0:46)
- Spinal Training Scenario 3 - Patient in Standing Position (2:23)
- IRB Awareness - Launch, Landing, Lift and Carry (2:50)
- IRB lift and Carry (0:20)
- Patient Drag and Lay (1:38)
- Rock Rescue (1:24)
- Pain Management (Methoxyflurane) (5:19)
- How waves form (0:35)



Suggested Scenarios for Use on Patrol

SLSA have developed work cards and suggested scenarios that assessors and authorised delegates may use to process skills maintenance checks during quieter times on routine patrol activities. The work cards are accessible in the [SLS Members Area](#) Library. This learning technique is a valuable, pro-active way to revise and further develop skills throughout scheduled patrols.

Interstate Deployment

Members who are visiting another club and wish to patrol, or who are transferring to a new club and have already conducted their skills maintenance, are only required to bring proof of membership and proof of completion of their skills maintenance. All clubs are required to accept this evidence as having demonstrated an acceptable level of skill for active lifesaving. Clubs must give visitors and transferring members a short induction before commencing patrolling duties in a new location. SLS Club Induction template is available in the [SLS Members Area](#) Library.

Authorised Delegates

For some awards, Club Executives can appoint an authorised delegate to conduct skills maintenance assessments. Please ensure you are familiar with the additional information provided on the delegation process should you wish to adopt this.

In-Depth Proficiencies

If a member is non-proficient in any award for any period of time, then they are required to complete skills maintenance elements identified through a training gap analysis. This must be conducted to determine what differences occur between the award as it currently stands and what skill and knowledge the award consisted of at the time the member was last proficient. If the gap analysis determines there is a gap in skill and/or knowledge, the candidate may be required to undertake training and assessment in the gap(s) identified. For example, a member may have obtained their Bronze Medallion when use of an Automated External Defibrillator (AED) was not taught in the Bronze Medallion, therefore the member would have to be trained and assessed in this skill and knowledge. Refer to Appendix 1 for an overview of changes to the Bronze Medallion Award and refer to your SLS state/territory centre for other awards.

Reaccrediting Awards when Members are Deployed for SLS Offshore

Where SLS members are offered an opportunity to travel overseas on behalf of SLS, and as a consequence miss scheduled skills maintenance sessions, they can apply to their SLS state/territory centre to have their skills maintenance recorded. These members will generally still be delivering SLSA awards while on assignment, and therefore maintaining the currency of their skills in these awards. SLS need to be flexible and accommodate these members who can't fulfil the requirements of the annual skills maintenance by virtue of them undertaking international development work, while not compromising SLS standards. Refer to Circular 79/14-15 in the [SLSA Members Area](#) for further information.

Frequency of Skills Demonstration

Each component of a required skills maintenance need only be demonstrated once in any one (12 month) season. For example, this means that a member who has successfully completed the resuscitation component of their Bronze Medallion skills maintenance need not repeat the skills maintenance check for that part of the ARTC skills maintenance.

The principle outlined above also applies to fitness testing. In other words, a fitness test for a higher award, such as the Gold Medallion, will be evidence that a member has passed the fitness component of the Bronze Medallion (Run/Swim/Run) proficiency.

It is expected that all patrolling members maintain their minimum fitness levels for the awards that they wish to remain proficient in and a member may be requested at any time during the season to complete an additional skills maintenance check by the club, or authorised SLS official.

A member who is deemed not-yet-competent (NYC) during a skills maintenance check at any time during the season is deemed to be non-proficient until such time as another skills maintenance check is completed successfully. Further, this member cannot participate in patrol activities or compete at carnivals until the skills maintenance check has been completed successfully.



Skills Maintenance Requirements

The skills maintenance requirements for each SLSA award are grouped according to their participation pathway. Refer to the [SLSA Participation Pathways](#) website and the latest edition of the *SLSA Public Safety and Aquatic Rescue* training manual to learn more about the different participation pathways.

Aquatic Rescue Pathway Awards

Training resources for all aquatic rescue awards are located in the [SLSA Members Area](#) Library.

Surf Rescue Certificate (SRC)

1. Run-Swim-Run (timed)

- Unaided 100m Run-100m Swim-100m Run in 5 minutes or less
- The run distance to be taken from waist-deep water, e.g., the run is from a flag, around a marker and to waist deep water, the aquatic components are from waist deep water around two swimming buoys and back to waist deep water
- Swim leg must be around two swimming buoys
- Reasonable adjustment may be made for surf conditions on the day.

2. Resuscitation (CPR)

- Completion of online theory component*, SLS – Skills Maintenance Resuscitation, which is accessible via the 'Courses' menu in the [SLSA Members Area](#)
- A primary assessment (DRSABCD) on a live victim
- Demonstration of the lateral position
- Primary assessment (DRSABCD), CPR 1 and 2 person (adult or child AND infant) on an approved manikin – to include resuscitation methods using an approved mask.

3. Signals

- Demonstrate four signals correctly according to SLSA operating procedures in the current *SLSA Public Safety and Aquatic Rescue* training manual.

Each of the online SLS skills maintenance courses which are accessible via the 'Courses' menu in the [SLSA Members Area](#) include a video and poster to help members refresh their knowledge of current signals.

4. Rescue

- Demonstrate a minimum of one rescue of a conscious or unconscious victim using either a rescue tube (and swim fins if available) or a rescue board and according to SLSA operating procedures in the current *SLSA Public Safety and Aquatic Rescue* training manual. The rescue must include the following:
 - Negotiating the surf zone
 - Securing the victim
 - Returning to shore with the victim
 - Calling for assistance.

5. Radio operations

- Completion of online theory component*, SLS – Skills Maintenance Radio Operations, which is accessible via the 'Courses' menu in the [SLSA Members Area](#)
- A practical demonstration of a scenario involving equipment (without transmitting). The scenario must include at least three of the following situations and must be conducted for each candidate:
 - Pre-operation checks
 - Knowledge of local operating channels and uses
 - Inter-patrol communications
 - Sign on/sign off
 - Rescue procedures and requests for assistance.



Zello is a push-to-talk app for mobile devices and PCs. Members can download the app and access the Zello channel '[SLSA Radio Operations Skills Maintenance](#)' to practice their radio operations skills.

**Refer to online theory components section of this circular on page 2.*

Bronze Medallion (BM)

1. Run-Swim-Run (timed)

- Unaided 200m Run-200m Swim-200m Run in 8 minutes or less
- The run distance to be taken from waist-deep water, e.g., the run is from a flag, around a marker and to waist deep water, the aquatic components are from waist deep water around two swimming buoys and back to waist deep water
- Swim leg must be around two swimming buoys
- Reasonable adjustment may be made for surf conditions on the day.

2. Resuscitation (CPR) with oxygen and defibrillation

- Completion of online* theory component, SLS – Skills Maintenance Resuscitation, which is accessible via the 'Courses' menu in the [SLSA Members Area](#)
- A primary assessment (DRSABCD) on a live victim
- Demonstration of the lateral position
- Primary assessment (DRSABCD), CPR 1 and 2 person (adult or child AND infant) on an approved manikin – to include resuscitation methods using an approved mask
- Team CPR scenario including primary assessment (DRSABCD), use of resuscitation mask with oxygen supplement and AED.

3. Signals

- Demonstrate four signals correctly according to SLSA operating procedures in the current *SLSA Public Safety and Aquatic Rescue* training manual.

Each of the online SLS skills maintenance courses which are accessible via the 'Courses' menu in the [SLSA Members Area](#) include a video and poster to help members refresh their knowledge of current signals.

4. Rescue

- Demonstrate a minimum of one rescue of a conscious or unconscious victim using either a rescue tube (and swim fins if available) or a rescue board and according to SLSA operating procedures in the current *SLSA Public Safety and Aquatic Rescue* training manual. The rescue must include the following:
 - Negotiating the surf zone
 - Securing the victim
 - Returning to shore with the victim
 - Calling for assistance.

5. Radio operations

- Completion of online theory component*, SLS – Skills Maintenance Radio Operations, which is accessible via the 'Courses' menu in the [SLSA Members Area](#)
- A practical demonstration of a scenario involving equipment (without transmitting). The scenario must include at least three of the following situations and must be conducted for each candidate.
 - Pre-operation checks
 - Knowledge of local operating channels and uses
 - Inter-patrol communications
 - Sign on/sign off
 - Rescue procedures and requests for assistance.



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**Refer to online theory components section of this circular on page 2.*

Silver Medallion Aquatic Rescue (SMAR)

Proficiency is required in the prerequisites for this award to remain current.

The prerequisites are:

- Complete a 400 metre swim in 8 minutes or less in a swimming pool of no less than 25m length
- Hold and be proficient in the SLSA Bronze Medallion (and hold the Certificate II in Public Safety (Aquatic Search and Rescue)).

SLSA recommends that all current patrol captains and vice captains undertake the *Silver Medallion Aquatic Rescue* online course as part of their skills maintenance. This online course forms the search and rescue (SAR) module of both the Silver Medallion Beach Management and Silver Medallion Aquatic Rescue (SMAR) courses.

Gold Medallion (GM)

A member must be proficient in each of the following awards:

- Bronze Medallion
- Advanced Resuscitation Techniques Certificate
- Apply (Senior) First Aid/Provide first Aid [AID]

If any of these award proficiencies lapse during the season, even after successful completion of the Gold Medallion proficiency, then the member will become non-proficient in the Gold Medallion, until such time as the lapsed award has been updated.

1. Pool Swim

- The member must complete an 800m swim in 14 minutes or less in a swimming pool of no less than 25m
- The pool swim must be completed before any other component of a Gold Medallion skills maintenance.

2. Mission Test (timed)

- The distance will be 400m swim, 800m run, 400m board paddle, and 800m run
- The time will be 25 minutes or less
- The run distance to be taken from waist-deep water, e.g., the run is from a flag, around a marker and to waist-deep water, the aquatic components are from waist-deep water around two swimming buoys and back to waist-deep water
- Aquatic course must be around two swimming buoys.

3. Rescue

- Demonstrate a board rescue according to SLSA operating procedures in the current *SLSA Public Safety and Aquatic Rescue* training manual. The victim should be 200m out to sea
- Demonstrate a tube rescue according to SLSA operating procedures in the current *SLSA Public Safety and Aquatic Rescue* training manual. The victim should be 100 m out to sea and the member should use swim fins during this rescue.

4. Complex Rescue Scenario (may include one of the rescues above)

- Demonstrate a complex rescue scenario as set by the delegated assessor according to the SLSA operational procedures in the current *SLSA Public Safety and Aquatic Rescue* training manual
- The rescue must assess the following events:
 - Negotiating the surf zone
 - Securing the patient/s



- Returning to shore without losing the victim/s
- Calling for assistance
- Performing emergency care as required by the victim/s.

The following videos are available in the [SLSA Members Area](#) Library to help remind members of rescues covered in the Gold Medallion:

- Patient Drag and Lay (1:38)
- Rock Rescue (1:24)

Emergency Care Pathway Awards

Training resources for all emergency care awards are located in the [SLSA Members Area](#) Library.

SLSA awards involving resuscitation are to be assessed annually. Once proficiency is achieved, resuscitation in other SLSA award skills maintenance is not required.

Please note that completion of the SLS skills maintenance for any award in the SLSA emergency care pathway is not sufficient to result in the renewal of the HLTAID unit of competency that aligns with the member's award. For example, the SLSA Resuscitation award is not sufficient to result in the renewal of a member's HLTAID001-Provide cardiopulmonary resuscitation unit of competency. Members should contact their SLS state/territory centre for advice on renewing their units of competency.

Resuscitation

Award holders must successfully complete a skills maintenance check, showing their competence in the following.

- Completion of online theory component*, SLS – Skills Maintenance Resuscitation, which is accessible via the 'Courses' menu in the [SLSA Members Area](#)
- A primary (DRSABCD) assessment on a live victim
- A demonstration of the lateral position
- Primary assessment (DRSABCD), CPR 1 and 2 person (adult or child AND infant) on an approved manikin – to include resuscitation methods using an approved mask and AED.

**Refer to online theory components section of this circular on page 2.*

Advanced resuscitation techniques certificate (ARTC)

1. Resuscitation

- Completion of online theory component*, SLS – Skills Maintenance Resuscitation, which is accessible via the 'Courses' menu in the [SLSA Members Area](#)
- A practical demonstration
- A primary assessment (DRSABCD) on a live victim
- A demonstration of the lateral position
- Primary assessment (DRSABCD), CPR 1 person (adult or child AND infant) on an approved manikin – to include resuscitation methods using an approved mask
- Team CPR scenario including primary assessment (DRSABCD), use of resuscitation mask with oxygen supplement and AED.

2. Provide supplemental oxygen

- Use of bag-valve-mask resuscitator on unconscious victim(s) during resuscitation scenario.

3. Oropharyngeal Airways

- Correct measurement and insertion of an oropharyngeal (OP) airway
- Demonstrate an understanding of when and why an OP airway is introduced into resuscitation.



If a member is considered to be proficient in this section of the award if they have already completed a skills maintenance that required resuscitation to be assessed in another SLSA award (e.g., BM). Members still need to be assessed as competent in sections 2-4 to be deemed proficient in the SLSA Advanced Resuscitation Techniques Certificate.

Spinal Management (Spinal)

Participate in a spinal management scenario relevant to your location.

There is the Spinal Management online course available for members wanting to refresh their knowledge prior to attending their practical skills maintenance session. This is not a requirement of skills maintenance. Members accessing this training resource will still have to complete all skills maintenance requirements as outlined in this circular.

Silver Medallion Advanced First Aid (SMAFA)

To remain proficient in the Silver Medallion Advanced First Aid, a member must complete the advanced first aid component of the SLSA award in full every three years as well as maintain their annual proficiency in the following SLSA awards:

- Spinal Management Certificate, and
- Advanced Resuscitation Techniques Certificate.

There is the Silver Medallion Advanced First Aid online course available for members wanting to refresh their knowledge prior to attending their practical skills maintenance session. Members require a completion certificate for the online Spinal and ARTC courses before they can enrol in the online SMAFA course. This can be achieved by completing the online Spinal and ARTC courses or submitting a request for prior online learning (see SLSA eLearning User Guide on SLSA IT Helpdesk website). This is not a requirement of skills maintenance.

Pain Management (PM)

Proficiencies for this award will be required at a minimum every 2 years and annually in some states depending on their state permit requirements. Independent of the frequency, items included in the proficiency will include:

- Demonstration of set up and simulated use
- Knowledge of local security and state documentation requirements.

There is the Pain Management online course and training video available for members wanting to refresh their knowledge prior to attending their practical skills maintenance session. This is not a requirement of skills maintenance.



Beach Management Pathway Awards

Training resources for all beach management awards are located in the [SLSA Members Area](#) Library.

Radio Operations (RO)

- Completion of online theory component*, SLS – Skills Maintenance Radio Operations, which is accessible via the 'Courses' menu in the [SLSA Members Area](#).
- A practical demonstration of a scenario involving equipment (without transmitting). The scenario must include at least three of the following situations and must be conducted for each candidate.
 - Pre-operation checks
 - Knowledge of local operating channels and uses
 - Inter-patrol communications
 - Sign on/sign off
 - Rescue procedures and requests for assistance.

Zello is a push-to-talk app for mobile devices and PCs. Members can download the app and access the Zello channel '[SLSA Radio Operations Skills Maintenance](#)' to practice their radio operations skills.

Note: If a member is considered to be proficient in the stand-alone SLSA Radio Operations award if they have already completed a skills maintenance that required radio operations to be assessed in another SLSA award (e.g., BM, SRC). For those who use this award as part of their operation within a communications centre, additional assessment may be included at a local level.

**Refer to online theory components section of this circular on page 2.*

Silver Medallion Beach Management (SMBM)

Proficiency is required in the prerequisites for this award to remain current.

The prerequisites are:

- Hold the Bronze Medallion award
- Be proficient in ONE of the following:
 - Bronze Medallion
 - First Aid
 - Radio Operator
 - Advanced Resuscitation Techniques
 - Spinal Management.

SLSA recommends that all current patrol captains and vice captains undertake the *Silver Medallion Aquatic Rescue* online course as part of their skills maintenance. This online course forms the search and rescue (SAR) module of both the Silver Medallion Beach Management and Silver Medallion Aquatic Rescue (SMAR) courses.

Silver Medallion Communications Centre Operator (SMCCO)

Be currently endorsed as per SLS state/territory centre requirements.

Contact your local SLS branch or state/territory centre for more information.



Powercraft Pathway Awards

Training resources for all powercraft awards are located in the [SLSA Members Area](#) Library.

Not all powercraft award holders need to demonstrate skills in a 'one off' skills maintenance check and many may be deemed as proficient via demonstration of competency during normal operational activities. Proficiency of powercraft award holders may be able to be assessed in numerous ways such as club powercraft officer recommendation and through the use of log books.

All members must demonstrate proficiency in the pre-requisite awards associated with these awards as follows:

- IRB Crew
 - Proficient Bronze Medallion
- Silver Medallion IRB Driver
 - Proficient Bronze Medallion
 - Proficient IRB Crew
 - Hold a current state/territory boat license (where applicable)
- RWC Operator
 - Proficient Bronze Medallion
 - Hold a current state/territory boat/PWC license (where applicable)
 - Additional state/territory pre-requisites as required.

IRB Crew (IRBC)

Skills maintenance in this award may be assessed by an authorised delegate. Logged hours should be included in making assessment decisions.

1. Completion of online theory component*, SLS – Skills Maintenance Powercraft (IRB), which is accessible via the 'Courses' menu in the [SLSA Members Area](#).
2. Demonstrate effective and safe crewing practice and ability including:
 - Parallel running
 - Figures of eight
 - Response to signals
 - Negotiation of surf as required
 - Demonstrate victim rescue
 - Demonstrate ability to carry out a victim lift, exit, carry and lay.

**Refer to online theory components section of this circular on page 2.*

Silver Medallion IRB Driver (SMIRBD)

Skills maintenance in the Silver Medallion IRB Driver award can only be assessed by an IRB assessor. Logged hours should be included in making assessment decisions.

1. Completion of online theory component*, SLS – Skills Maintenance Powercraft (IRB), which is accessible via the 'Courses' menu in the [SLSA Members Area](#).
2. Demonstrate the ability to apply safe driving practice including but not limited to:
 - Parallel running
 - Figures of eight
 - Response to signals
 - Negotiation of surf as required
 - Demonstrate ability to conduct a victim rescue
 - Demonstrate ability to carry out a victim lift, exit, carry and lay.

**Refer to online theory components section of this circular on page 2.*



SSV Operator (SSVO)

It is not a national requirement to undertake an annual SSV (ATV) proficiency. Instead a member's driving license must be checked each year for currency. Each SLS state/territory centre can manage this process and this information can be recorded in SurfGuard.

A member who loses their driver's license (whether through cancellation or suspension) must not be driving the SSV.

Rescue Water Craft Operator (RWCO)

Skills maintenance for the Rescue Water Craft Operator certificate must be completed as per SLS state/territory centre requirements and may be assessed during normal operational activities.

Specialist powercraft awards (JRB/ORB/RIB Crew, Driver, Skipper)

Skills maintenance for specialist groups shall be determined by the individual group and as approved by your relevant SLS state/territory centre. Skills maintenance may be assessed during normal operational activities.

Training and Education Pathway Awards

Training resources for all training and education awards are located in the [SLSA Members Area](#) Library.

Age Manager (AM)

It is recommended that age manager award holders take part in an annual update session prior to the start of each Nipper season. The annual update session is a club level discussion lead by their club's Junior Activities Committee to cover the following topics:

- Updates (branch, club, SLSA, JDR)
- Age manager responsibilities
- Best practice sharing
- Signals.

There is the Age Managers online course available for members wanting to refresh their knowledge prior to attending their annual update session. This is not a requirement of skills maintenance.

Training Officer (TO)

Be currently endorsed as per SLS state/territory centre requirements. Endorsement is dependent on the trainer remaining current in the award/s they are training AND current in training and assessment.

Assessor

Be currently endorsed as per SLS state/territory centre requirements. Endorsement is dependent on the assessor remaining current in the award/s they are assessing AND current in training and assessment.

Facilitator

Be currently endorsed as per SLS state/territory centre requirements. Endorsement is dependent on the facilitator remaining current in the award/s they are facilitating AND current in training and assessment.



Appendix 1 - Bronze Medallion In-Depth Proficiency Matrix

Year	Change
2002/03	<ul style="list-style-type: none"> • 32nd edition training manual released • 7 units of competency aligned to 32nd edition training manual • Full Certificate II in Public Safety (Aquatic Rescue) obtained after 20 hours patrol • OHS information added
2004/05	<ul style="list-style-type: none"> • RPL or credit transfer to full Cert II is available to proficient members
2005/06	<ul style="list-style-type: none"> • 32nd edition training manual (version 2) released • Oxygen therapy and oxygen aided resuscitation added to the resuscitation component of the Bronze • 'C' in DRABC changed to 'check signs of life' • Certificate II in Public Safety (Aquatic Rescue) compulsory for all new members undergoing proficiency the year after qualification • Requirement for 'on the job training' replaced with 'patrol familiarisation' activity
2006/07	<ul style="list-style-type: none"> • Members who do not have a Certificate II in Public Safety (Aquatic Rescue) after December 30 will no longer be able to patrol
2008/09	<ul style="list-style-type: none"> • 33rd edition training manual released • Two-person tube rescue added • Section on systems of the body added
2009/10	<ul style="list-style-type: none"> • Defibrillation awareness added • 'D' added to DRABCD, defibrillation • Resuscitation rates and protocols replaced with 30:2
2010/11	<ul style="list-style-type: none"> • Radio proficiency added
2011/12	<ul style="list-style-type: none"> • IRB awareness added • "S" added to DRSABCD, send for help
2012/13	<ul style="list-style-type: none"> • 2 new signals added <ul style="list-style-type: none"> – Submerged patient missing (Code X) – All clear • Inclusion of CPR on infants • Treatment of anaphylaxis, using an autoinjector
2013/14	<ul style="list-style-type: none"> • 34th edition training manual released • Theory paper added to skills maintenance assessment
2016/17	<ul style="list-style-type: none"> • 34th edition (revised July 2016) training manual released • ARC guideline changes: <ul style="list-style-type: none"> – Compression rate (100 – 120 compressions per minute) – Heart attack first aid treatment (give aspirin unless anaphylaxis is a contraindication) – Shock first aid treatment (no longer raise legs) – Heat exhaustion first aid treatment (give electrolyte sports drink) – External bleeding first aid treatment (no longer raise bleeding limb) – Spinal management (removal of standing spinal and application of a cervical collar)
2017/18	<ul style="list-style-type: none"> • October 2017 reprint of <i>SLSA 34th edition Public Safety and Aquatic Rescue (revised July 2016)</i> • ARC guideline changes*: <ul style="list-style-type: none"> – Checking resuscitation equipment (notably oxygen pipe connection, assembly or resuscitation bag valve devices). • EpiPen administration (now 3 seconds and no massaging injection site)
2018/19	<ul style="list-style-type: none"> • ARC guideline changes*: <ul style="list-style-type: none"> – Severe Bleeding (prioritise management of severe bleeding over airways) – Tourniquets (use of two) – Haemostatic dressing (to manage severe bleeding) – New guideline for first aid management of a diabetic emergency (9.2.9)